



**Esk Valley
Extra Care Housing
Presentation
15th November 2017**



WELCOME

Introductions

- Lorraine Usher, Chief Executive, Loreburn Housing Association
- Graham Robertson, Development Manager, Loreburn H A
- Gary Sheehan, Locality Manager, Annandale & Eskdale Community Health and Social Care
- Jimmy Marshall, Locality Social Work Team Manager



Purpose of today's event

- Inform the community of our plans and listen to your thoughts
- Shape a vision for the Esk Valley Extra Care provision and begin to outline the possible services that could be offered
- Give an indication of project delivery times
- Identify people interested in working with us

Primarily an informal chat and information session



Loreburn Housing Association Background

Loreburn Housing Association was first established in 1982 and has grown; now owning and managing over 2,500 homes across Dumfries & Galloway, from Langholm in the east to Stranraer in the west. **Our vision is to *Create Great Places to Live*.**

A £40 million development programme with £20m Scottish Government Grant Funding and Loreburn H A's £20m private finance. We have other funds is required.

Working with Health and Social Care and D&G Council Strategic Housing through the SHIP Loreburn **plan to build 353 new homes over a 5 year period.**



Health and Social Care Background

Integrating health and social care – sharing the job of making our communities the best place to live active, safe and healthy lives by promoting independence, choice and control

Reshaping Health and Social Care for Older Adults in Esk Valley with reports to the integrated Joint Board in 2016, 2017 and 2018

Development of new Extra Care scheme central to our commitment to develop a range of integrated health and social care services in Esk Valley which are co-produced with the local community



Why Esk Valley?

- **Loreburn H A commitment to develop schemes within Dumfries and Galloway**
- **Local demand and community support**
- **Ageing population**
- **A strong partnership and support from the Integrated Joint Board and Health and Social Care colleagues**
- **Availability of good sites**
- **Strong commitment to extra care from Loreburn H A Management Committee**



**How do we
get
involved?**



Community Involvement

- By coming along and showing an interest today
- Sharing your views and thoughts
- Join an information session or group which will include community representatives and health care professionals
- Help up review information, plans and ideas
- Continue a dialogue with us as the scheme moves towards planning and on site
- Sign up to our Facebook site or read the local newspaper



**What is
Extra Care
Housing ?**



What is extra care housing?

Extra care schemes are growing in popularity as many people want the safety, security and peace of mind that an extra care property provides.

They are properties for people who want to maintain their own homes and independence but also want flexible and accessible care or support at hand when they need it.

They enable people to age in place - either way, with a range of tailored services, which support people to age in place and support and encourage people to enjoy life in a comfortable home and surroundings **in their own community.**



What is extra care housing?

As we retire it helps if day to day living can be made as easy as possible and that includes the home that you live in. You may want to reduce burdensome tasks like maintaining a building or finding a trusted tradesperson.

As we age free time becomes more important. Occasionally, you may even need some help to continue to live safely and comfortably in your home and community with opportunities for socialising, meeting people and having fun!

A specially designed high quality home – properties come with fixtures and fittings designed specifically to address the challenges of ageing such as wet rooms, non-slip floors, modern adapted kitchens and handy grab rails



What is extra care housing?

Friendly approachable staff who are on call in case help or support is needed

A 24-hour emergency call system, so you can get help whenever you need it

Communal space - where you can spend time with your neighbours, friends or family with events, ICT facilities and entertainment

Domestic support – help at home should you need it

A coffee shop / café - so if you don't always feel like cooking, you won't have to

High quality landscaped gardens with all the hard work done by someone else



Health Care Offer

- **State of the art Telecare technology** to help people to remain in their own home for as long as possible.
- **All identified personal care needs** will be met by on site staff where someone is assessed as requiring that level of care.
- **Level C medication**
- **Intermediate care** as an alternative to hospital admission/remaining in hospital when there are no identified clinical needs;
- **Staff on site 24/7.**



**Tell me about the EC
Housing planned for
the Esk Valley**



Esk Valley Extra Care Housing

It is proposed that the Esk Valley Extra Care Housing project will include:

Number of units planned	Number of bedrooms	Type of building
9	1 bedroom	Bungalows
6	2 bedroom	Bungalows
1	4 bedroom	Intermediate care
16	1 bedroom	Flats
2	2 bedroom	Flats
1	--	Staff Base

**PLUS a Health and well being centre
which incorporates community facilities**





Esk Valley Extra Care Housing



**Indicative
buildings design**



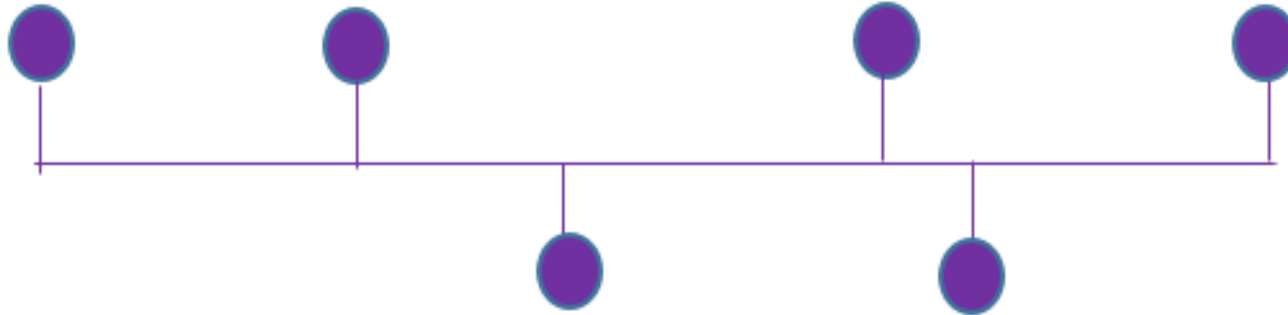
Esk Valley Extra Care Housing

Early 2018
Acquire site

Spring 2018
Planning Application

Autumn 2018
Out to Tender

Work complete
Summer 2020



Autumn 2018
Planning process
Complete

Start on site
Early 2019

Indicative Timeline

Assistive Technology





BT have announced that by 2025, the UK will have moved from analogue phone to voice over IP. Voice Over Internet Protocol is a method / group of technologies which allows the delivery of voice and multi-media session over internet networks. Benefits will include:

- Very fast access**
- Ability to keep in touch through apps, video calls and notifications**
- Health Management to mitigate risks and hospital admission**