

Appendix 1 Lochside and Lincluden Oral Health Action Plan Update April 2018

1. Actions that need engagement at national level						
Proposed Action	Milestone Tasks	Responsible Person	Partners to consult / engage	Target Date	Success Indicator	Progress Update/RAG Status
1.1 Increase advocacy for reduction in sugar consumption including restriction of marketing of unhealthy foods and drinks to children and improved food labelling	<p>Establish links with National Groups regarding this agenda</p> <p>Respond to Scottish Government Consultation</p> <p>Discuss with relevant colleagues in Health and Social Care/Third and Independent Sector to determine value of a local approach to address</p>	Consultant Dental Public Health (CsDPH)	<p>Health Scotland</p> <p>Paediatrics</p> <p>Diabetes Service</p> <p>Locality Health Improvement Teams</p> <p>Third and Independent sector</p>	March 2018 and ongoing	<p>Response submitted to Consultation end Jan 2018 including Oral Health Input.</p> <p>Identification of local actions to address.</p>	<p>Public Health Directorate responded to National Consultation 'A Healthier Future – Action and Ambitions on Diet, Activity and Healthy Weight'. CsDPH as Chair of the National Consultants in Dental Public Health Group submitted response and ensured Dental Public Health input into consultation engagement sessions.</p> <p>Local actions discussed at Lochside and Lincluden Community Stakeholder Event and further follow up on these to be taken forward in partnership with the local community.</p>

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2.Actions that need engagement with Community, Third and Independent Sector						
Proposed Action	Milestone Tasks	Responsible Person	Partners to consult / engage	Target Date	Success Indicator	Progress Update/RAG Status
2.1 Link with Third and Independent Sector organisations working in the Lochside and Lincluden area to maximise capacity to support improved oral health.	Explore the opportunities available to work with the Third and Independent Sector Develop an action plan	Oral Health Promotion Manager (OHPM)	OHPM Locality Health Improvement Team Third and Independent sector	June 2018	Action plan developed	A Community Stakeholder Event was held in January 2018, this include representation from the Third and Independent Sector. The event was well attended and a number of actions were identified which are now being taken forward. A report has been developed and sent to partners see Appendix 2 . A follow up event is planned for May 2018.
2.2 Promote the opportunity for individuals within the Lochside and Lincluden Community to receive dental treatment via the Dental Student Outreach Clinic at the Dumfries Dental Centre.	Develop Communications Plan to increase knowledge of how to access treatment via Dental Student Outreach and Therapy School	OHPM and Dental Services Manager	University of Glasgow Dental School University of Highland and Islands School of Hygiene/Therapy	September 2018	Communications Plan Implemented	Posters and leaflets now available in the Lochside and Lincluden Community promoting this service. Promotion will also be included in other work undertaken within the community.

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2.Actions that need engagement with Community, Third and Independent Sector Continued						
Proposed Action	Milestone Tasks	Responsible Person	Partners to consult / engage	Target Date	Success Indicator	Progress Update/RAG Status
2.3 Explore the opportunity to include toothpaste and toothbrushes in food bank packages for families living in the Lochside and Lincluden area.	Discussions held with food bank providers operating in the area and toothpaste and toothbrushes provided as appropriate.	OHPM	OHPM, Oral Health Team (OHT) and Foodbank organisers and staff	December 2017	Food banks including free toothbrushes and toothpastes as appropriate.	This work is now complete. Oral Health care kits will be provided as required.
2.4 Undertake community engagement with families and older people living in the Lochside and Lincluden area to increase awareness of the importance of regular dental checks particularly for those who wear dentures.	Identify colleagues to begin engagement Actions agreed and implemented	OHPM	OHPM OHT Community Learning and Development Locality Staff Families & older people	April 2018 and ongoing.	Actions agreed and implemented	The Building Healthy Communities (BHC) Team are working with the Oral Health Team to identify groups to progress this engagement. Opportunities to explore use social media to support this work are also ongoing.

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3.0 Actions in Partnership with Early Years/School Settings						
Proposed Action	Milestone Tasks	Responsible Person	Partners to consult / engage	Target Date	Success Indicator	Progress Update and RAG
3.1 Ensure oral health is included in health and wellbeing plans for schools and nurseries	Include this topic in schools and nurseries action plan.	OHPM	School Staff Locality Health Improvement Team	December 17 but also ongoing support will be required	All schools will have had individual meetings and support. Discussions will take place and actions agreed for each school.	This work is underway Meetings have taken place with the Head Teacher of the Northwest Community Campus who is keen to develop this work.
3.2 Provide additional support to schools/nurseries/early years groups in the Lochside and Lincluden area re development of healthy food and drink policies and in their implementation.	Set up schools group Engage with partners Draft action plan	OHPM	School reps Locality Health Improvement Team Family Learning OHT Community Parents Public Health Education Parents & families	December 17 but ongoing support will be required.	Action plans agreed	Individual schools are being supported to set up groups within the schools to support this work. This work will be supported by The Oral Health Team.

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3.0 Actions in Partnership with Early Years/School Settings continued						
Proposed Action	Milestone Tasks	Responsible Person	Partners to consult / engage	Target Date	Success Indicator	Progress and RAG
3.3 Work with existing early years groups to explore snack provision and support snack policy development	Mapping of early years groups to engage with. Engagement and support offered to each group	OPHM	Early years groups operating in area.	December 2017 and ongoing	Meetings will be set up and plans agreed	This work on-going supported by the Oral Health Team.
3.4 Work with colleagues in Education and Enterprising DG (School Meal Provider) to discuss school meal provision and foods sold during school breaks	Engagement undertaken Action Plan agreed	OHPM	Education Schools Enterprising DG	August 2018	Ensure this will be included in individual school meetings	This was a key area of focus at the Community Stakeholder event in January. All partners are keen to look at this area of work and dates for meetings to progress this are being arranged.
3.5 Work with schools in the Lochside and Lincluden area to support expansion of the school toothbrushing programme all through the school		OHPM	OHT, Schools, teaching staff parents	December 2017 and ongoing	Roll out of programme across all Primary School Year Groups in all schools	Three schools are brushing from nursery through to primary 7. The remaining school is currently brushing up to primary 4 and work is progressing to extend this up the school.

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3.0 Actions in Partnership with Early Years/School Settings continued						
Proposed Action	Milestone Tasks	Responsible Person	Partners to consult / engage	Target Date	Success Indicator	Progress and RAG
3.6 All primary schools in Lochside and Lincluden area participate in the Childsmile fluoride varnish programme.		OHPM	School Staff	December 2017 and ongoing.	All primary schools participating in programme	All schools are now participating in the programme.

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4.0 Actions in Partnership with other Health and Social Care Services						
Proposed Action	Milestone Tasks	Responsible Person	Partners to consult / engage	Target Date	Success Indicator	Progress Update and RAG
4.1 Work with health visiting teams in the Lochside and Lincluden area to increase the amount of support provided to young families via the Childsmile practice programme to encourage increased rates of dental registration in the early years of life.	<p>Meet with all Health Visiting (HV) teams</p> <p>Discuss barriers to referral</p> <p>Update and review pathways</p>	OHPM	HV teams OHT Dental practice staff	On-going	<p>Increased number of referrals to Childsmile from Health Visiting Teams.</p> <p>Increased dental registration for 0-2years 11 months</p>	<p>Meeting taken place with HV management</p> <p>New pathways agreed</p> <p>Arrangements in place for regular attendance of OHPM at HV regional meetings. OHPM will be presenting at April 2018 HV Regional Development Day.</p>
4.2 Work with maternity service teams in the Lochside and Lincluden area to increase the support provided to expectant mothers regarding dental and oral health.	Increase awareness within maternity services around oral health messages and referral pathways for Childsmile	OHPM	OHT Maternity Service	March 2018	Increased dental registration rates for 0-2years age group	<p>Work has taken place with Maternity Services to develop electronic referrals to Childsmile for any newly expectant Mum who is not registered with a dentist. Information to support Midwives to deliver Oral Health Advice has been developed.</p>

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4.0 Actions in Partnership with other Health and Social Care Services continued						
Proposed Action	Milestone Tasks	Responsible Person	Partners to consult / engage	Target Date	Success Indicator	Progress Update and RAG
4.1 Engage with other key health and social care professionals to ensure consistency of messages regarding oral health and to maximise existing opportunities to promote improved oral health.	Mapping of key health and social care professional groups Communications plan developed.	OHPM	Health and Social Care Locality Teams	June 2018	All relevant teams updated in key oral health messages	Mapping of key professionals is underway alongside Nithsdale locality team and BHC
4.2 Strengthen follow up support pathways for children identified as having potential dental problems following fluoride varnish application in nurseries and schools in the Lochside and Lincluden area.	Develop support pathway and pilot Roll out to other schools and nurseries following pilot	OHPM	OHT Nurseries and Schools	September 2017	Pathway prepared and ready for roll out	Due to operational challenges this pilot will take place between the Easter and Summer Holidays 2018.

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5.0 Actions in Partnership with Dental Teams						
Proposed Action	Milestone Tasks	Responsible Person	Partners to consult / engage	Target Date	Success Indicator	Progress and RAG
5.1 Provide Continuous Professional Development (CPD) opportunities to those involved in supporting oral health behaviour change to ensure that behaviour change techniques are based on evidence based psychological theory.	Discuss with NES and Glasgow University opportunities for course development Develop appropriate course	CsDPH	NES University of Glasgow	June 2018 New Target date June 2019	CPD sessions provided	Initial discussion had with University of Glasgow. Provisional agreement in place for development of CPD powerpoint for local use. Discussions underway as to how skills based pilot could be developed and used in D&G. A new target date of June 2019 has been set.
5.2 Provide CPD opportunities for dentists and dental teams regarding oral health inequalities	Discuss with NES and Glasgow University opportunities for course development Develop appropriate course	CsDPH	NES University of Glasgow	June 2018 New Target date June 2019	CPD sessions provided	Initial discussion had with University of Glasgow. Provisional agreement in place for development of CPD powerpoint for local use. A new target date of June 2019 has been set.
5.3 Work with dental practices to ensure that appropriate clinical prevention is provided to children and adults at high risk of developing dental decay	Provide benchmarking information to Dental practices on current activity	OHPM and Dental Practice Advisor (DPA)	OHPM OHT Dental Practice teams	December 2018	Increased provision of fluoride varnish in General Dental Practice	Meetings are ongoing with all practices to look at delivery of prevention. Plans to obtain robust data on fluoride varnish application are being progressed.

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5.0 Actions in Partnership with Dental Teams continued						
Proposed Action	Milestone Tasks	Responsible Person	Partners to consult / engage	Target Date	Success Indicator	Progress and RAG
5.4 Work with council colleagues and dental practices to identify opportunities to improve parking, including disabled parking and support use of public transport within/to Dumfries Town Centre.	Identify Council Colleague to link with re parking and public transport	CsDPH	Council Colleagues	August 2017 and ongoing	Feedback given to Council following the needs assessment and any opportunities identified to make improvements agreed.	Council colleagues have provided information on disabled parking available in Dumfries Town. Local Dental Practitioners have advised that it would be helpful if monitoring of use disabled parking could take place to ensure this parking is available for those who need it. Plans being explored to see if development of a map of Disabled parking spaces could be produced and made available to local dental practices for their patients.

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5.0 Actions in Partnership with Dental Teams continued						
Proposed Action	Milestone Tasks (Key tasks that need to be carried out to implement actions)	Responsible Person	Partners to consult / engage	Target Date	Success Indicator (How you can measure that an action is complete)	Progress and RAG
5.5 Provide support to dental practices to help them link to other relevant services and agencies within their local community	Pilot developed and implemented	CsDPH & OHPM	Dental Teams Locality Health Improvement Team Health and Social Care Services Independent and Third Sector	June 2018	Dental practices have increased knowledge of local agencies and services within their community i.e Healthy Connections, FIAT team, Carers Centre Dental practices sign post patients to relevant local services and community sectors	Locality meetings for dental practices to support greater awareness of ongoing locality activity being progressed. Stewartry and Nithsdale meetings have taken place and Wigtownshire and Annadale and Eskdale to take place in 2018. Development of social prescribing pilot with dental practices is currently being considered.
5.6 Work with dental practices to review their appointment systems for those individuals who may require a greater degree of flexibility due to challenging personal circumstances.	Add this into current practice meetings	OHPM	As above	As above	As above	This work is on-going – discussions take place at individual practice meetings